

NCA SAFETY NEWS



"NCA Safety News" provides you with valuable information and assists in your quest to achieve a world-class safety culture. We believe that developing a safe work ethic is a never-ending process that must be part of every businesses professional development.

All new "Safety Question Box" coming to you next month - stay tuned!

Please do not hesitate to contact [Karin Sheldrick](#) with your input and suggestions. We value your feedback!

Monthly Safety Tip Hazard Alert: Heat Stress

Because heat stress is a serious workplace hazard, workers are protected under the **General Duty Clause** of the Occupational Health & Safety Act. A body builds up heat while working and sweats to get rid of extra heat. Sometimes the body may not cool off fast enough, especially in extreme temperature work conditions, e.g. being on a roof pouring hot asphalt.

The effects of heat stress range from mild to severe: heat rash and heat exhaustion on the mild to moderate side and heat stroke on the severe side. Make sure your workers know how to recognize the symptoms and what to do about them. Too much heat can cause fatigue, hurt job performance, and increase the chance of injury. [Read full article here.](#)



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NCA P.A.T.H.S. - PARTNERS ALIGNED

Partners Aligned Together for Health & Safety

PATHS



NCA Safety Awareness Day
NCA Safety Newsletter
NCA Foundations for Construction Professionals Certificate Program
NCA Jersey of Courage - League of Champions
NCA Membership Appreciation Day - Guest speaker, Rob Ellis
NCA ALL NEW Safety Training Partners

Promoting Safety
Awareness & Training
www.nagaraconstruction.org

NCA has made safety awareness a primary initiative for our Association. We have recently launched our PATHS initiative, Partners Aligned Together for Health and Safety, formally making a stronger commitment to safety awareness and training.

NCA is excited to have special guest speaker, Rob Ellis of My Safe Work and League of Champions attend our Membership Appreciation Day on September 19, 2018 at Club Roma.

Rob became an outspoken advocate for health, safety and wellness in the workplace after the death of his 18 year old son in 1999. David Ellis was killed in a workplace accident. He was given limited training and no supervision. It was his second day on the job.

Rob delivers a "DO NOT MISS" personal story and strong message. He inspires everyone to achieve greatness in safety culture.

NCA invites you to join us and hear Rob speak, sign the NCA Jersey of Courage, and enjoy a complimentary barbecue lunch with colleagues. Sign up today.



Training at the NCA

Check out the all new NCA Foundations for Construction Professionals Certificate here!

- Impact of your Attitude on Employees - Monday, September 10, 2018/8:30 am to 4:30 pm
- So You're Managing in Construction - A Cause for Concern or Celebration? - Monday, September 17, 2018/8:30 am to 4:30 pm
- Taking Care of the 'Bad Seeds' in Your Construction Business - Friday, September 28, 2018/8:30 am to 4:30 pm
- Creating Successful Employee Engagement - Wednesday, October 3, 2018/8:30 am to 4:30 pm
- INJURED WORKER? Successful WSIB outcomes for Construction Workplace Injury Claims - Thursday, October 4, 2018/8:30 am to 4:30 pm - Member Testimonials
- Handling Workplace Violence & Harassment in Construction - Thursday, November 8 & Friday November 9, 2018/8:30 am to 4:30 pm (2-day course)
- Mental Health & Your Construction Workplace - Monday, December 10 & Tuesday, December 11, 2018/8:30 am to 4:30 pm (2-day course)

NCA FOUNDATIONS FOR Construction Professionals Certificate

Earn the NCA Foundations for Construction Professionals Certificate by taking all seven training courses below:

- Impact of your Attitude on Employees
- Creating Successful Employee Engagement
- Injured Worker? Successful WSIB outcomes for Construction Workplace Injury Claims
- Handling Workplace Violence & Harassment in Construction
- Taking Care of the 'Bad Seeds' in Your Construction Business
- Mental Health & Your Construction Workplace
- So You're Managing in Construction Now - A Cause for Concern or Celebration?

For more information & to register contact:
416-461-4444 or office@nagaraconstruction.org

In Partnership With:
safetyworks consulting nca

COMING SOON

[Click here for NCA Training Courses & Seminars schedule](#)



Construction Ethics Course
 Tuesday, September 11, 2018
 8:30 am to 4:30 pm
[More information](#)



2-Day Supervisor Course
 Tuesday, August 28 &
 Wednesday, August 29, 2018
 8:30 am to 4:30 pm
[Member Testimonials](#)
[More information](#)



**Working at Heights
 Training Schedule**
 August - November, 2018
[More information](#)



WHMIS 2015
 Thursday, September 20 OR
 Wednesday, October 10, 2018
 4:30 to 7:30 pm
[More information](#)



**Impact of your Attitude
 on Employees**
 Monday, September 10, 2018
 8:30 am to 4:30 pm
[More information](#)



**Substance Use Prevention in
 Your Construction Business**
 Tuesday, October 16, 2018
 8:30 am to 4:30 pm
[More information](#)



Health and Safety Community

Health and Safety Associations



Ontario
 Ministry of Labour

Ontario Ministry of Labour (MOL)

Ministry of Labour What's New - [August 2018](#)

Reversing equipment blitz on construction projects

In September and October, the ministry will work with the Infrastructure Health & Safety Association to help employers address the hazards of operating equipment in reverse on construction projects. During the first phase, they will provide information to help employers comply with the Occupational Health and Safety Act and its regulations. During Phase 2, inspectors will carry out enhanced enforcement at construction projects targeting hazards associated with reversing equipment.

[See the blitz schedule](#)



Safety Association (IHSA)



IHSA is a leader in health and safety education - stay up to date with the latest industry safety news and training by clicking [here](#).

IHSA invites you to our COR™ Internal Auditor Conference at the Centre for Health and Safety Innovation in Mississauga on Oct 16. Here you will meet other current and future internal auditors and obtain valuable information, tools, and experiences. <http://ow.ly/vnfB30ksvwr>



Workplace Safety & Prevention Services (WSPS)

INCREASED cell phone usage, vehicle speeds, and mobile equipment all contribute to top health and safety risk for logging workers: distracted driving. Learn more [here](#).



Public Services Health & Safety Association (PSHSA)



PSHSA is working with Ontario employers, supervisors and workers to provide information on cannabis and applicable legislation. Some of the areas we are assisting with are around accommodation and suggested control measures for the workplace. [Read more](#).

Wondering whether a sit-stand workstation is the right solution for your employees? Check out this fast fact resource to understand the benefits and limitations of sit-stand workstations. Find out more [here](#).

Check out their [resource calendar here](#).



Workplace Safety North (WSN)

An independent not-for-profit, Workplace Safety North (WSN) is one of four sector-based health and safety associations in Ontario, and provides province-wide Ministry-approved workplace health and safety training and services for the mining and forest products industries, as well as for businesses across northern Ontario.





Workplace Safety and Insurance Board (WSIB)

The Workplace Safety and Insurance Board is an independent trust agency that administers compensation and no-fault insurance for Ontario workplaces.

Remember your first job? As your kids begin their summer employment I encourage you to take the opportunity to discuss workplace safety with them. Get the conversation started with tips and resources [here](#).

What's changing with your **WSIB premium rates in 2020?** Start planning early and read our policy [here](#).

Compass is our online health and safety tool. You can use it to compare health and safety statistics for businesses across the province. For more information, visit [here](#).



Helpful Information

Why The Safety Pass?

Construction sites have many safety hazards; any one of them can cause serious harm, so you need to know how to manage them all.

Contractors are responsible to provide their workers with a complete safety awareness orientation, which will ensure that all workers work safely.

The Safety Pass provides an online orientation of the 13 most common hazards and prepares you to deal with them. It's convenient, easy-to-use, easy-to-understand, and is interactive and accessible online.

The program begins with an introductory module that describes the content, purpose and important practical information necessary to help participants navigate through the training experience. Visit OGCA site [here](#) for more information.

Safety Pass Testimonial



Coming Fall 2018: **The BuildForce Canada Online Respectful and Inclusive Workplace Toolkit** - all the resources you need to create and support a Respectful and Inclusive Workplace!

Fall 2018

Watch for the release of the **BuildForce Canada Online Respectful and Inclusive Workplace Toolkit:**

- **The Respectful Workplace Online Assessment Tool:** to assist organization leadership in assessing their current situation and identifying where they may need to make changes
- **The Respectful and Inclusive Workplace Training Course:** to train workers on how to create and support a respectful and inclusive workplace
- **The Respectful Workplace Policy Framework and Implementation Guide:** to assist organizations in creating and implementing a policy that supports a respectful and inclusive workplace

BUILDFORCE CANADA **RESPECTFUL WORKPLACES**

All the resources you need to create and support a Respectful and Inclusive Workplace!



Check out the summer edition of the League of Champions [newsletter!](#)

Get Involved:

- Make a public statement of your values as a safe company
- Be recognized for achieving safety excellence
- Support to champion safety in your organization including League of Champion's jerseys
- Access to motivational "Rob Talk" by MySafeWork

Visit the League of Champions website for more information - [click here!](#)



Your Guide to Construction Health and Safety Legislation in Ontario. This Guide is designed to provide Ontario workplaces an understanding of the Construction Projects Regulation under the Occupational Health and Safety Act of Ontario.

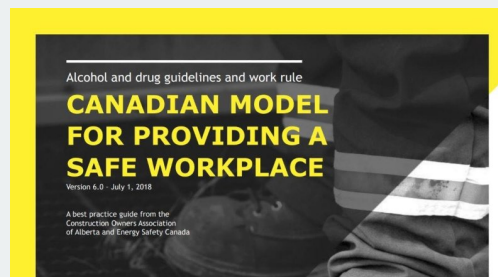
The Guide to Construction Health and Safety Legislation provides information on 50 topics. Each topic allows the user to read through a plain language summary of each topic, and then link to the legislation itself.

DOWNLOAD THE APP - available online <http://ow.ly/Eeso30iqdzB> iTunes <http://ow.ly/J8hD30iqdzC> and GooglePlay <http://ow.ly/A2AG30iqdzD>



ONLINE training in psychological health and safety: "**Being a Mindful Employee: An Orientation to Psychological Health and Safety in the Workplace**" - free e-course [here.](#)

Provided by: Mental Health Commission of Canada



The Canadian Model for Providing a Safe Workplace (the Canadian Model) is a best practice alcohol and drug policy that all stakeholders within the construction industry across Canada can adopt and follow. The purpose of the Canadian Model is to ensure a safe workplace for all workers by reducing the risks associated with the use of alcohol and drugs. Hi Karin and good morning. [Here is a PDF about Alcohol and Drug Guidelines.](#) It is a best practices guide from Construction Owners Safety

Association of Alberta and Energy safety
Canada.

[Visit our website](#)